

UC SANTA BARBARA

Student Health

convenience | compassion | excellence



**Mary Ferris,
M.D. Executive
Director**

Welcome to UCSB! We want to be your “medical home” with comprehensive and fully accredited services to support both your physical and mental health. Inside this brochure you’ll find descriptions of what we offer to ensure your success at UCSB. Please visit our website for more information, and plan ahead if you have ongoing medical needs and need to obtain past records to bring with you. Our staff are experts in college health and will provide you with convenient, compassionate, and excellent healthcare.



Services at Student Health

Advice Nurse



Advice Nurses are available to assist by answering health-related questions and providing information for self treatment of mild illnesses and injuries. By-appointment services include immunization reviews, travel consultations, and travel vaccines.

- Strep throat tests
- Blood pressure tests
- Tuberculosis tests
- Remove sutures and staples
- Urinary tract infection treatment

Behavioral Health

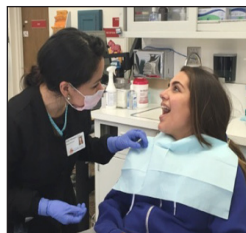


Our Behavioral Health Department treats mental health conditions and helps students achieve academic, social and personal success. Psychiatrists are available to students by referral.

In addition, the services below are free to all UCSB students:

- Our Alcohol & Drug Program (ADP) provides free and confidential counseling to all UCSB students.
- Social workers assist students by navigating insurance networks/providers, financial and academic problems.

Dental Care



Dental care is available on campus, including preventive cleanings, fillings, sealants, and dental emergency care. These services are covered by Gaucho Health Insurance. Our staff includes dentists, hygienists, and dental assistants. We provide a full range of general dentistry procedures and referrals for specialties.

- Prophylaxis (cleanings)
- Dental X-rays
- Sealants
- Examinations (including cancer exams)
- Restorations (fillings)
- Whitening Sonicare™ products

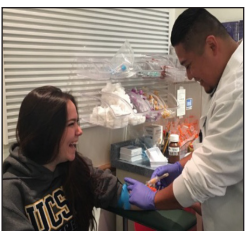
Eye Care



The Eye Care Center provides quality vision care. All optometrists are licensed by the California State Board of Optometry to practice the full scope of optometric care. We offer a wide selection of eyeglass frames, including many from popular eye wear designers. A full range of medically necessary contact lenses are available as well as color contact lenses.

- Eye examinations for glasses and contact lenses
- Emergency eye examinations and specialized eye examinations

Lab/X-ray



Our Laboratory provides services for all students and accepts orders from outside providers (including doctors from home). We have on-site digital X-rays for the convenience of students and their clinicians. Students with GHI insurance may obtain X-rays at Student Health for no additional charge.

- Drop-in testing for sexually transmitted diseases
- On-site testing (for a number of medical issues)
- Off-site laboratory testing

For more information, please call (805) 893-2592

Services at Student Health

Pharmacy



The Student Health Pharmacy specializes in college health and stocks prescription and over-the-counter medications. Our pharmacy prices are considerably less than those in the local community. Students may transfer their home prescriptions to our pharmacy.

- Convenient birth control options
- A 90-day supply option
- Mail order delivery
- Clinical pharmacist consultations

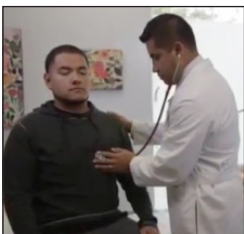
Physical Therapy



Physical Therapy specializes in rehabilitation after injury or surgery, orthotics, and functional strengthening for postural issues. Students can be seen in Physical Therapy after referral from a physician within Student Health or the outside medical community.

A strong emphasis is placed on patient education for college students in order to assist them with maintaining and promoting long-term health.

Primary Care



Student Health offers the full range of primary care services with board-certified physicians, nurse practitioners and physician assistants. Patients may choose an ongoing primary care provider to optimize care.

- General health visits and immunizations
- Coordinating care with external and internal specialists
- Managing chronic conditions
- Diagnosis and treatment of common mental health conditions
- Diagnosis and treatment of acute conditions

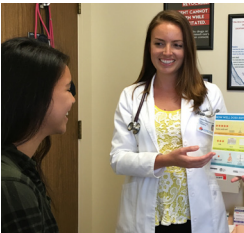
Urgent Care



Student Health offers comprehensive urgent care services with fast and efficient service for students who need to be seen on a walk-in basis. This allows students who may be feeling ill the convenience of receiving prompt care while accommodating a rigorous academic schedule.

- Treatment of acute illness
- Laceration repair
- Abscess drainage
- Splints
- Evaluation of all injuries

Women's Health



Student Health offers a wide range of Women's Health services. Routine and preventive care are provided by our health experts.

- Diagnosis and treatment of common gynecologic infections
- Contraception counseling, including prescriptions, IUD/Nexplanon insertions
- Colposcopy and treatment of abnormal pap tests
- Pregnancy testing
- Diagnosis and treatment of sexually transmitted infections

or go to our website studenthealth.sa.ucsb.edu

UC SANTA BARBARA

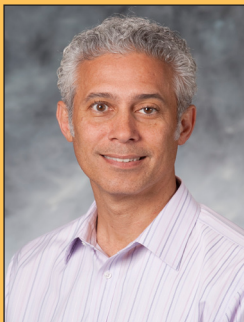
Student Health

convenience | compassion | excellence



UCSB's Student Health provides a comprehensive medical home that fits the unique needs of a college student. Our primary care providers do general physicals, vaccinations, diagnosis and treatment of acute conditions, reproductive health services, diagnosis and treatment of common mental health conditions, minor surgery, and coordinated care with internal and external specialists.

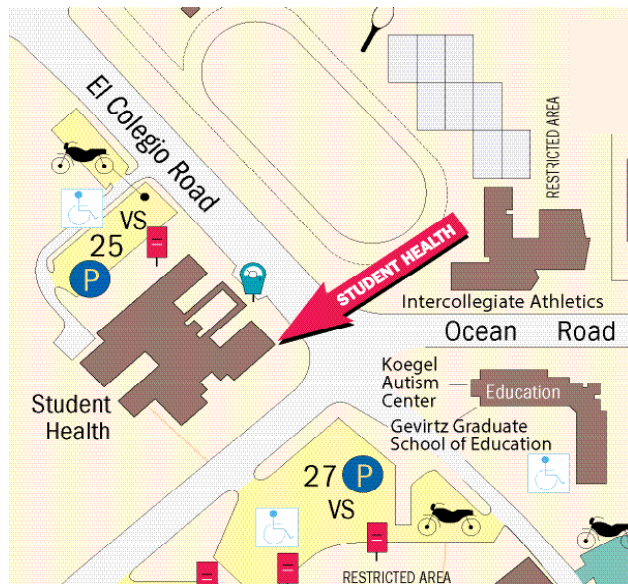
- *Ali Javanbakht, M.D., Medical Director*



At Student Health, we are not just here for your physical health, we are here for your mental health needs as well. College, especially during freshman year, can be stressful and even overwhelming. If you or someone you know needs help with depression, anxiety, substance use, or any other mental health conditions, we have a full behavioral health department providing treatment, prevention, and early intervention.

- *Edwin Feliciano, M.D., Behavioral Health Director*

Stop by and check out our facility!



CLINIC HOURS

MTRF: 8:00 a.m.-4:30 p.m.

W: 9:00 a.m.-4:30 p.m.

R: 4:30 p.m.-7:00 p.m. by appointment



Accredited by the

ACCREDITATION ASSOCIATION

for AMBULATORY HEALTH CARE, INC.

More information: call (805) 893-2592 or visit studenthealth.sa.ucsb.edu